

Name:\_\_\_\_\_

Class:

## SCAFFOLD

## **SOFIT** summary form

Campus:			_ School: _ Observer: _ Number of observations:										
										_ Start time:			
							Finish time:			_ Lesson length (min):			
Student:	1 M F	2 M F	3 M F	4 M F	5 M F	TOTAL							
Student activity													
1 Lying down													
2 Sitting													
3 Standing													
4 Walking													
5 Very active													
Lesson context													
Management (M)													
Knowledge (K)													
Fitness activity (F)													
Skill practice (S)													
Game play (G)													
Other (O)													
Interactions													
Promotes in-class PA/fitness (I)													
Promotes out-of-class PA/ fitness (O)													
No PA/fitness promotion (N)													